



Sexual Health Service Update *Autumn 2020*

Coronavirus – Service Update

We are continuing to run a limited sexual health service due to Coronavirus precautions.

Face-to-face services in clinics will continue to be by appointment only.



Services we have now restored (some at limited capacity) include:

- Implant/Coil Renewals and Removals (*Initial clinics will be prioritised for service users who currently have an Implant/Coil in situ*)

- Symptomatic GUM
- Emergency contraception
- Vaccinations
 - Hepatitis
 - HPV (*men who have sex with men, under 45 only*)
- Psychosexual
- Oral contraception
- Information and advice via telephone

All service users must call the sexual health team on 0300 124 5022 in the first instance, so the most appropriate service option can be offered to them. This may still be a telephone appointment, ordering an STI testing kit online, or alternative contraception.

Find the latest service information on our website
www.openclinic.org.uk

Online Testing via SH:24

We offer free at-home STI testing kits which can be ordered online via SH:24 at www.sh24.org.uk

After taking a short questionnaire, SH:24 will recommend tests for the service user based on their answers given. Tests for chlamydia, gonorrhoea, syphilis and HIV can be provided.

The kit comes with instructions on how to take the test(s), as well as information about results.

Please promote SH:24 testing kits at your venues. If you would like a poster or screensaver to promote these kits, email mpftprevention@nhs.net



Sexual Health Week 2020

Sexual Health Week 2020 runs from 14–20 September, and this year's theme is “**Get Your RSE in Gear!**”. The week is run by sexual health charity, Brook.

Brook aims to equip professionals (especially those in education) with the tools and confidence needed to deliver inspiring, inclusive relationships and sex education (RSE) that young people will love.



The week includes:

- **A free virtual RSE lesson** led by Brook educators
- **Sexual Health Awards** from Brook and SH:24, celebrating ground-breaking work in destigmatising sexual health
- **Five free introductory trainings** on some of the core topics needed to deliver excellent RSE

For the latest information visit www.brook.org.uk/shw/

C-Cards From Different Areas

The C-Card scheme gives young people in Staffordshire quick and easy access to free condoms.

As you may be aware, the

C-Card logo in South Staffordshire is blue, as shown on the right. If you notice a C-Card with a green logo instead of the blue logo, this is a C-Card from North Staffordshire and can be used as usual.

If you notice a C-Card with an entirely different logo, encourage them to register them for a new C-Card, or signpost them to the Sexual Health Prevention Team for more information:



Sexual Health Prevention Team

Call: **0300 124 5022** (*option 4*)

Email: mpftprevention@nhs.net

Interested in becoming a C-Card Registration or Distribution Venue?

Being part of the C-Card condom distribution scheme allows your venue to provide free condoms and lube to local young people.

Would you like to sign up to become a C-Card Registration or Distribution Venue?

Contact the Sexual Health Prevention Team!

Call: **0300 124 5022** (*option 4*)

Email: mpftprevention@nhs.net



C-Card Reminder

Please return paperwork monthly
to mpftprevention@nhs.net
ensuring C-Card number, date and
visit number are clearly recorded

Please remind anyone whose
C-Card is almost full to get in touch
with the Sexual Health Prevention
Team for a new one

Email: mpftprevention@nhs.net

Phone: 0300 124 5022 (option 4)



South Staffordshire Sexual Health Services
0300 124 5022